



LIFESTYLE ADHERENCE REPORT (LAR)

Name: _____ Passcodes: _____

	GOAL: Unconscious Lifestyle Integration <input type="checkbox"/> Refer to Special Links for Non-ACN Products.	Coach Date ↓	Coach Date (ctd)	Before Coach Date	Comments	Brand	Plan Date	Date Onset
1	First Aide <input type="checkbox"/> NSP <input type="checkbox"/> # <input type="checkbox"/> N/A				<input type="checkbox"/> P <input type="checkbox"/> A <input type="checkbox"/> T <input type="checkbox"/> C <input type="checkbox"/> W			
2	Microbial Kit <input type="checkbox"/> T-Cell Program				<input type="checkbox"/> A <input type="checkbox"/> V <input type="checkbox"/> B <input type="checkbox"/> FY <input type="checkbox"/> T <input type="checkbox"/> HTS			
3	Pure Air <input type="checkbox"/> Home <input type="checkbox"/> Work							
4	Air to Lungs							
5	Purified Water–Drink/Cook							
6	Filtered Water –Bathe							
7	Organic Foods–Percentage <input type="checkbox"/> VWash							
8	Free-Range Meats <input type="checkbox"/> % <input type="checkbox"/> Unclean P76							
9	Food Prep Hierarchy (P74) &Glass <input type="checkbox"/> CH							
10	Food Preservation – GB / Oz							
11	Sweetener Hierarchy (P62)–Avoid W/B/Art							
12	Juicing <input type="checkbox"/> IXWk <input type="checkbox"/> N. Walker Book				Raw Veg Juices –Copyright 1970 Jove Books; Berkley Pub. NY,NY			
13	Food Comb <input type="checkbox"/> Fruit30m B/A <input type="checkbox"/> Ap/Pi/ Pa							
14	Hair and Facial Care <input type="checkbox"/> eBook							
15	Skin Care HQN56Sun, 59D3, 61D2, 60C							
16	Skin Care-Body <input type="checkbox"/> OLA <input type="checkbox"/> UArm							
17	Anti-Aging – Skin Care – Medi-P							
18	Anti-Aging – Positive Charges							
19	Teeth Care / Dental Program <input type="checkbox"/> ebook							
20	Scar Detox- <input type="checkbox"/> Medi.P/L <input type="checkbox"/> Las/WG Oil							
21	Scar Prevention <input type="checkbox"/> Medi <input type="checkbox"/> CalenOint							
22	Wear Care							
23	Household - L & B							
24	Household- C <input type="checkbox"/> Odr <input type="checkbox"/>							
25	Lawn Care - <input type="checkbox"/> Plant <input type="checkbox"/> Yard							
26	EMF <input type="checkbox"/> Q-Tp/Gaf <input type="checkbox"/> C-Bx <input type="checkbox"/> Bat <input type="checkbox"/> Vehicles							
27	EMF– <input type="checkbox"/> Laser <input type="checkbox"/> Prop <input type="checkbox"/> Body <input type="checkbox"/> LayL							
28	EMF– Grounding <input type="checkbox"/> Feet <input type="checkbox"/> Hand							
29	Metals -- <input type="checkbox"/> In <input type="checkbox"/> Out							
	Number of Steps (45) Established							