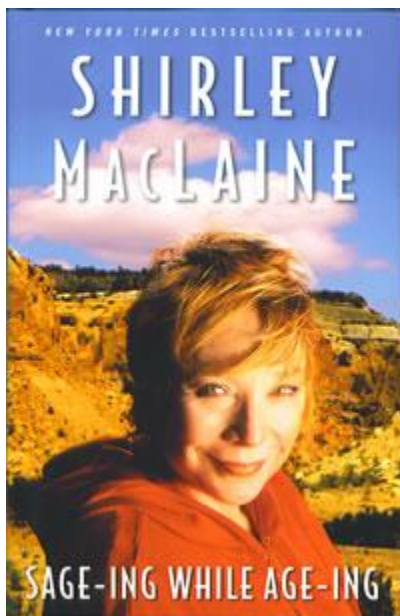




Celebrity Praises Holistic Dentistry and Naturopathy

Excerpt from Author and Actress Shirley MacLaine's book

Sage-ing While Age-ing



“...the body can harbor infections without symptoms—there is no pain or discomfort very often, yet there may be chronic infection eroding the body's immune response, wearing out the immune system. And this infection is very difficult to detect. I had the infection long before the toothache. About 98 percent of Americans have some areas of diseased gum tissue in their mouths, and half of these are also experiencing a progressive “bone loss.”

The mouth, unfortunately for those who like to kiss, is a hostile environment. It's warm, moist, and full of nutrient-laden saliva, decaying teeth, and saggy gums, which makes a haven for bacteria.

The philosophy underlying the teaching of dentistry today, in the main, limits its practice to mechanics, pain control, and aesthetics. I was fortunate in finding naturopathic doctors and dentists who could *really* help me.

Along with my wisdom tooth problem I have three root canal teeth that are on the meridian points to my stomach and lungs. I thought perhaps I should have the root canal teeth pulled, but Dr. Wolfe tested the toxicity of the teeth and found that they weren't bad enough for removal. He suggested laser treatment for me so that I could save the teeth. I seem to be doing fine now, but without the laser treatment I think my immune system would have suffered.

As Dr. Voll says, we have only so much currency in our immune system bank accounts. If our immune systems are always concentrating on keeping our teeth healthy, some other part of the body is paying the price with neglect.(or vice versa). I am grateful I have come to understand the naturopathics.