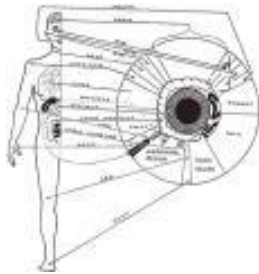




TOOTH–BODY RELATIONSHIP

By Suzin Stockton (Author/Teacher)

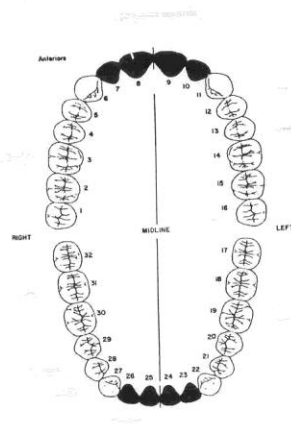


Have you ever seen a foot or hand reflexology chart, an iridology chart (left) or a colon chart (right)? Each chart shows how the feet, hand, eyes and colon, respectively, corresponds to different parts of the entire body. Within the innate design of the human body is



microcosm reflecting macrocosm. Therefore, it should come as no surprise that there are points within our jawbones – at specific tooth sites – that correspond to areas of the entire body, as well. The existence of this ‘reflexive’ relationship is one reason why a disturbance at a particular tooth site can cause a distant organ to malfunction. (Conversely, a disturbance in the organ can cause a problem at the related tooth site).

Basically, the reflexive relationship between tooth site and organ is an energetic one, created as a consequence of the tooth site and the organ sharing an energy channel or meridian, as it’s called in Traditional Chinese Medicine. A problem in your jaw can affect you just about anywhere in your body, for every tooth site crosses one or more of the 12 major meridians, as described below:



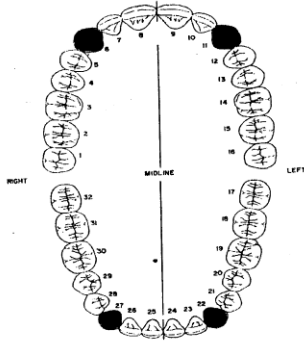
Your anterior or front teeth, the first four on both the top jaw (maxilla) and bottom jaw (mandible) jaw – teeth numbers 7–10 and 23–26 – run through the kidney and bladder meridians. A disturbance with any of these teeth can affect those organs and cause a problem anywhere in the urogenital tract. It can also affect the ankles, rectum and anal canal, nose, the frontal sinus, and the adrenal and pineal glands.



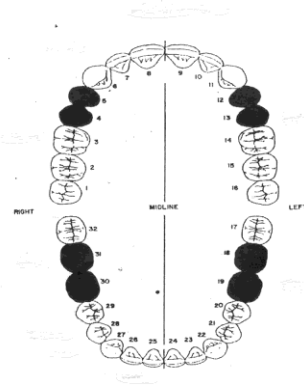
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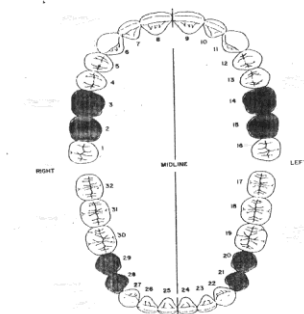
Moving one tooth over on both the top and bottom jaw, we find teeth numbers 6 and 11 (maxilla) and teeth numbers 22 and 27 (mandible). These teeth run across the liver and gallbladder meridians. Therefore, these organs may be affected by a disturbance at these tooth sites. The sphenoidal sinus, hips, gonads and pituitary gland may also be affected.



The large intestine and lung meridians affect teeth number 4, 5, 12 and 13 in the upper jaw and numbers 18, 19, 30 and 31 in the lower. A disturbance with any one of these teeth (or the bone beneath them) can cause a problem with the large or small intestine, lungs, veins, arteries, hands, feet, nose, shoulders or with the pituitary or thymus glands.



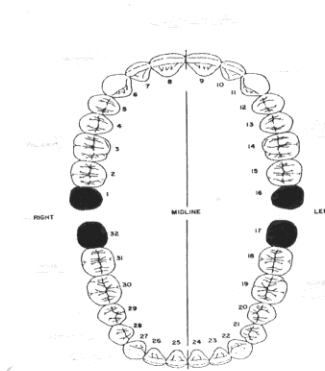
Teeth #2 and #3 on the top right and #28 and #29 on the bottom right cross the stomach meridian. Their counterparts on the left side of the jaw (#14 and #15 in the maxilla and #20 and #21 in the mandible) cross both the stomach and spleen meridians. Disturbances with any of the teeth highlighted in the illustration to the right can cause problems with the spleen, pancreas, esophagus, parathyroid gland, mammary glands, stomach, knee and ankle joints, lymph vessels, maxillary sinuses or the thyroid gland.





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The 3rd molar or wisdom tooth sites (tooth numbers 1, 16, 17 and 32) cross four separate meridians (heart, small intestine, triple warmer & circulation/sex). Therefore, a disturbance at any of these sites may cause a number of systemic problems, most notably with the heart, small intestine and nervous system. The shoulders, elbows, hands, feet, ears, tongue, sacroiliac joint and limbic system may also be affected.

In addition to these energetic relationships between tooth sites and organs, there is yet another way in which oral pathology can have systemic consequences. That is through the migration of microbes and/or their toxins to distant organs via lymphatic and blood vessels. The toxins associated with cavitation sites can be carried throughout the body and will tend to settle in weakened organs.

Comment from Dr. Smith:

Rather than write an article that has already been well-written, Dr. Smith has provided this article by Suzin Stockton who has done an excellent job in providing a brief overview of the relationship between the teeth and the rest of the body, and vice versa.

Dr. Donna F. Smith

Disclaimer: Information is provided for nutritional education purposes only and not for the diagnosis or treatment of any medical condition, disorder or disease. Present laws indicate that the author must advise you to seek medical attention for your disease, if you have one. Choosing to do so, or not, is your constitutional right and you are ultimately the only person who is responsible for any decisions, risks or actions you take regarding the care of your mind and body. This author's intention is to provide health care education from a nutritional biochemical perspective so you are equipped to make an informed decision.

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